

# **Life Care Chiropractic and Wellness Center**

Ronda Sharman, D.C.  
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(301) 870 – 4277

## **Office Hours:**

**Monday** – 9am to 1pm and 3pm to 7pm

**Tuesday** - Closed

**Wednesday** - 9am to 1pm and 3pm to 7pm

**Thursday** – 2pm to 6pm

**Friday** - 9am to 1pm and 3pm to 5pm

**Saturday** – 9am to 12noon

(please note that we will be closed every other Saturday)

*Please be advised that our door opens promptly at 9am, 2pm, and 3pm*

## **We accept the following insurance:**

Medicare

CareFirst

BlueCross and BlueShield

Blue Choice

Anthem

Marlhandlers

First Health

and any PPO